Comfort to the Grieving

2 Corinthians 1:3 – 7

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Grief is not a disorder, a disease or sign of weakness. It is an emotional, physical and spiritual necessity, the price you pay for love. The only cure for grief is to grieve

Earl Grollman

Kübler-Ross Grief Cycle



Acceptance Exploring options New plan in place Moving on

Bargaining Struggling to find meaning Reaching out to others Telling one's story

Flight

Grief is common to all mankind, including Christians and non-Christians.

- Isaiah 53:3 4
- Matthew 26:36 46



Comfort to the grieving.

- Comfort from the church to those who grieve.
 - 2 Corinthians 1:3 7
 - 2 Corinthians 7:13 16
 - **■** John 11:17 44
- Comfort to those who have lost someone who is in Christ.
 - 1 Thessalonians 4:13 18
 - 2 Corinthians 4:16 18



Do you grieve over sin in your life?